

Round A

throw a dice

If you land on the same block as a previous time throw until you land on a different item.

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1 **illusions of competence:**

You highlight and re-read sections in your text books. You redo problems that are easy - avoiding the difficult ones. Deduct 5% from your score. If you can name 3 things to improve on this situation add 1% back to your score for each "remedy" named.



2 **practice and interleaving:**

You have a short recall exercise after each section - to see what you remember. You interleave work and focus more time on the difficult problems. You make notes in the margins. Add 5% to your score



3 **bad maintenance :**

You don't do any physical exercise. You work too late and don't sleep enough. You eat too much sugar because you feel tired. Deduct 5% from your score.. For a 3% bonus point - explain what a memory palace is.



4 **good planning**

You plan your day the previous evening. You plan intervals of intense focus followed by relaxation. You plan your exercise time and you plan when to stop and when to go to bed. Add 5% to your score.



5 **cramming**

You do not start ahead of time. You try to complete everything in one subject in one day. Deduct 5% from your score. For a 3% bonus point explain how you can create memory groups.



6 **sementing and interleaving**

You give yourself enough time and you do a bit of work in every subject each day of the week over a period of time. Add 5% to your score.. For 5% bonus points explain how association and memory works.



Round B

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1 **chunks - context**

You identify the context of chunks - like the pieces of a puzzle .You see the bigger picture. Add 5% to your score. For a 3% bonus - explain what the "transfer" of chunks is.



2 **stuck**

You get stuck. You are frustrated - but feel humiliated asking for help. You don't feel like talking to anybody nor watching a video. Deduct 5% from your score.



3 **chunking - detail and forming**

You actively form chunks by watching, listening and identifying patterns. And then you deliberately focus intensely, understand the concepts, and practise the patterns & techniques. Add 5% to your score.



4 **peer learning**

You don't join any student groups. Deduct 5% from your score. If you decide to post on the online discussion forum you can add 2% back to your score.



4 **pomodoro**

You use the pomodoro technique to focus on the process of learning. Add 5% to your score. For another 5% - explain HOW the pomodoro technique works. Let the other game members score you 1-5%.



6 **procrastination**

Your social media causes you to postpone the items on your to-do list. Deduct 5% from your score.. for 3% bonus points: explain your plan for changing your reaction to this cue (trigger).

